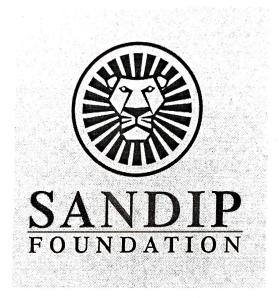
Activity Report

Of

"Online Quiz on Yoga Day -2020"



Organized by,

Women's Grievance committee

Women In Engineering(WIE),

Sandip Foundation's

Sandip Institute of Technology and Research Centre, Nashik

Date: 21st June 2020

Aim: To celebrate World Yoga Day -2020

Objective:

1. Celebration of World Yoga Day -2020

Name of the Program: " Online Quiz on Yoga Day -2020"

Venue: Online

Conducted By: Women's Grievance committee and Members of WIE

Name of the resource Person: Nil

Audience: Students.

Outcomes:

A certain day for yoga was introduced to raise awareness worldwide about the importance and impact of yoga on the health of people. The term 'yoga' is derived from Sanskrit word "Yuja" which means to unite representing the unification of body and consciousness. It is an ancient form of physical, mental and spiritual exercise which helps achieve mental and physical fitness. The practice of yoga originated in India and dates back to pre-vedic times. Women's Grievance committee and WIE in association with the Department of Electronics and Telecommunication Engineering has organized a Quiz competition for students. More than 289 students participated this online activity.

Online Quiz on "World Yoga Day"

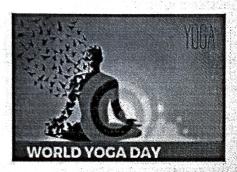
Organized By Department of Electronics and Telecommunication Engineering, Sandip Institute of Technology & Research Centre, Sandip Foundation, Nashik.

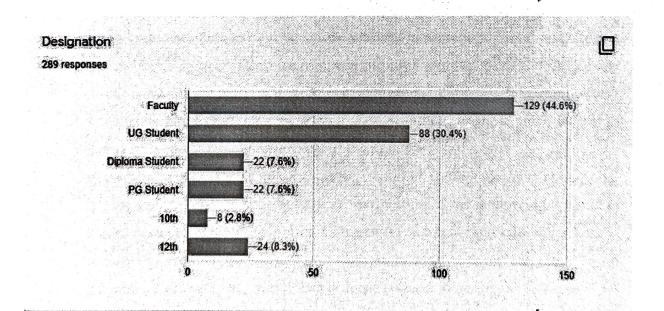
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World Yoga Day







Sandip Foundation's Sandip Institute of Technology & Research Centre, Nashik.



nes 3.71 Approved by ANCIE & AMiliated to SPPS, Pumb

CERTIFICATE of Recognition

Prasad Vaibhav Dawkar

the participating in Online Quiz on "World Yoga Day", organized by Department of

Electronics & Telecommunication Engineering, with a passing score of 50%.





Prof. Swati S. Pawar

Dr. Gayatri M. Phade